



### About this course

This course teaches the skills and knowledge required to provide a first aid response in a range of situations, including community and workplace settings. It is the most common workplace first aid course in Australia and is recognised in all states and territories. The course topics include the DRSABCD action plan and responding to emergency situations, cardiopulmonary resuscitation (CPR), burns, asthma, anaphylaxis, sprains and strains.

Participants who have been assessed as competent in all assessments will receive a Statement of Attainment in:

- HLTAID011 Provide First Aid
- HLTAID010 Provide Basic Emergency Life Support
- HLTAID009 Provide Cardiopulmonary Resuscitation

HLTAID011 Provide First Aid and HLTAID010 Provide Basic Emergency Life Support certificates will require renewal after 3 years. HLTAID009 Provide cardiopulmonary resuscitation certificate will require renewal after 12 months.

### What you will learn

The course comprises of a mixture of theoretical and practical elements covering:

- Danger, Response, Airway, Breathing, Compressions (DRABC)
- Cardiopulmonary resuscitation (CPR)\*
- When to use and when not to use an Automated External Defibrillator (AED)
- Infection control
- Head and spinal injuries
- Wound management
- Bleeding and shock
- Unconscious victims
- Ear, eye and nose injuries
- Poisons, bites and stings
- Priorities of first aid
- Legal and social responsibilities

### Entry Requirements

A reasonable degree of physical fitness is required, as CPR must be performed continuously, for a minimum of 2 minutes, on both adult and child manikins.

### Delivery

Provide First Aid is delivered in 1 day, from 9.00am – 4.00pm. Full payment, pre-reading and completion of a multiple choice assessment task is required prior to commencing the face-to-face component of the course.

### Assessment Methods

Assessment for this course will include a practical demonstration of CPR, and a multiple choice test. Upon successful completion students will be issued with Statements of Attainment.

### Course Fees and Enrolment

\$135

\*\$35.00 deposit payable to obtain the student resource (hardcopy and electronic version).

### Contact us

Send an email to [train@advance.vic.edu.au](mailto:train@advance.vic.edu.au)

### Advance Community College (RTO 4016)

6 Henry Wilson Drive, Rosebud | P: 5986 4623

1973 Frankston Flinders Road, Hastings

43 Mitchell Street, Mornington