

Directory (A-Z)



Organisation	Contact	Days	Times	Further information
Advance Community College and Advance College of Education	Reception on (T:) 5979 1398 (E:) hastings@advance.vic.edu.au	Mon - Fri	9am -5pm	Learn Local Organisation and registered independent school
Australiana Dancers	Jaden on (M:) 0400 878 259	Tues	10am – 12pm	
Bittern Combined Probus Club	Derek on (T:) 5979 7159			Meets at the Hub on the second Thursday of every month
Dance Exercise		Wed	11am - 12pm	
Frankston Mornington Peninsula Local Learning and Employment Network	(T:) 8679 3422 (M:) 0437 076 914 (E:) info@fmpllen.com.au	Mon - Fri		Supports continued strong pathways from school to further education and work
Hastings Community Exercise Group	Brooke on (M:) 0438 559 901	Wed	9am - 10:30am	
Heels Up Dancing		Mon & Wed	Various	
In 2 Dance	Deb on (M:) 0418 516 968	Thurs	4pm - 8:30pm	
Job Prospects	(T:) 9036 4825 (M:) 0439 807 946	Mon - Thurs	9am -5pm	Job Active Employment Service Provider
Ladies Exercise Class	Reception on (T:) 5979 1398	Mon	7pm -8pm	
MatchWorks	(T:) 9770 2480	Mon - Thurs	9am -5pm	Job Active and Disability Employment Service Provider
Max Employment	(T:) 8781 5100	Fri	9am -5pm	Job Active Employment Service Provider
Mornington Peninsula Cricket Assoc.	(M:) 0401 038 099	Mon - Fri	9am -5pm	
Peninsula Ballet Ensemble	Kim on (M:) 0421 574 659	Sat	8am -4pm	
Playball Kids Sports	Sheryl Hood on (M:) 0416 294 809	TBC	TBC	Sport and exercise program for 2 - 8 yr olds
U3A Table Tennis	Diane on (T:) 5979 8585	Mon Fri	9am - 12pm 1pm - 3pm	
Very Special Kids—Family Support Team Peninsula Office	Heidi Barber on (E:) hbarber@vsk.org.au	Various		Cares for children with life threatening conditions; provides a hospice service and professional family support services
Weight Watchers	Denise on (M:) 0438 496 961	Mon	6pm - 7pm	
Westernport Gymnastics	(T:) 1300 850 197	Various	Various	
Westernport Men's Shed	(T:) 5979 1969	Mon / Tues Wed / Fri	8:30am - 1pm	
WISE Employment	(T:) 8781 8500 (M:) 0429 387 914	By appt.	By appt.	Job Active and Disability Employment Service Provider
Zen Do Kai	Brenton on (M:) 0420 294 135	Tues	3pm - 8pm	

Hub Happenings

Term III - 2017

Coming to the Hub in Term IV

playball Kids Sports is a proven multi-sports program for children aged 2 – 8 years old. It focusses on concentration, skills, confidence and social skills, while building teamwork and sportsmanship.

To register your child, please contact Sheryl Hood on Mob: 0416 294 809

Email peninsulanorth@playball.com.au

More information at www.playball.com.au



Term III dates 2017:

Monday 17 July - Friday 22 September

Fitter, Healthier Ladies Exercise Group for Term IV

Are you interested in having fun and getting fit? Our ladies exercise group has gone from strength to strength. Now it's time to ramp things up a bit. There will be a new, improved class format beginning in term 4. So, ladies come along and have some fun.



New look format:

- 2 nights per week, one hour duration each night
- Boxercise on one night, circuit training on the other
- Attend the session that suits you most, or attend both
- Nutrition talk each night, facilitated by a qualified fitness instructor
- You'll be asked to keep a food diary, which will be a motivator for success. (Strictly no naming and shaming!)
- The instructor will provide a recipe book to help you achieve your weight and fitness goals.

Open to women of all ages and fitness levels, the group is perfect for anyone who wants to have fun and get fit, and sessions are tailored to individual's pace and ability.

No more excuses ladies, register today, get fit and have fun.

Bookings for classes are essential.

To book, or for more information, please phone the Hub on **5979 1398**.

Each class is \$5.00 per session and you can pay on the day.



Above images courtesy of gameanna (Top) and marcolin (Bottom) at freedigitalphotos.net

Did you know?

Hub Plays Host to Shire Planning Meeting

More than 300 residents attended a planning meeting at the Hub on 22 June. They were here in numbers to discuss recent changes to state planning laws. RMIT Professor Michael



Buxton and Councillor David Gill both addressed the gathering.

Brand New User Group and Program at the Hub on Saturdays

The Domino Effect* will run a 6-week job seekers course here at the Hub beginning on Saturday 5 August. It will be a course to boost your confidence and is aimed at people who are:

- Ready to make a commitment and see the course through to the end
- Step outside their comfort zone and be prepared to do the hard yards
- Create change and try new strategies

For full details, including costs, contact Alexandra on 0459 049 022, or email alexandraegan@thedominoeffect-ak.com

You can enrol directly at:

<https://www.eventbrite.com.au/e/learn-how-to-overcome-your-fear-of-job-interviews-tickets-35119827349>

Remember, commitment is KEY.

* "The Domino Effect" is an independent organisation and is not affiliated with the Hastings Community Hub or Advance Community College.

Advance Community College

&

Hastings Community Hub

1973 Frankston Flinders Road. HASTINGS 3915

Phone: 5979 1398

Email: hastingshub@advance.vic.edu.au

Web: advance.vic.edu.au

Hastings Hub to receive a makeover

The Hub is getting a facelift! *Our Space* mural, which has welcomed users since 2011, is due to be updated.

More than 40 user groups operate from the Hub and we have in excess of 100 people through our doors each day. The update is an opportunity to celebrate what is unique in our area and make the approach to our facilities a welcoming and inclusive environment.

“This is an exciting way for the community and local artists to engage with our Hub,” said Gill Latchford, Advance Community College’s General Manager.

The funding for this project is supplied by the Mornington Peninsula Shire through its Community Place-making grants and will reflect the values of connecting with community, heritage and environment.

The grant funds will employ a local artist to lead and manage the project, together with input from interested stakeholders.

As always, participation from the community is encouraged, both in decisions and tasks. Several options are being considered for the new mural, including landscape, historical, modern, aboriginal and graffiti themes. When you are next at reception please take a few moments to fill in the survey and tell us which theme you’d like to see decorate the Hub’s façade.

Additionally, if you, or someone you know, would like to be involved in designing and/or producing the new mural, please contact Bek at reception on 5979 1398, or email hastingshub@advance.vic.edu.au.



Our Space mural was created by students and community members in 2011.

Child & Family Learning Groups



Parents and carers of pre-school children are invited to join a Child and Family Learning Group. The groups aim to provide both children and parents/carers with positive experiences that enhance a child’s wellbeing, health and learning and also impact on their ongoing development. Through these experiences, parents can learn how to

support their child as they transition into school. Learning through play is fun for adults and children alike.

In addition, the Learning Groups offer assistance with career and skills pathways to parents who may be considering returning to the workforce or looking toward the future. Support in finding learning options and referrals to suitable programs is available.

For information on joining a group, or if you’d like to start up a group in your local area, please call Anita or Gill at Hastings Community Hub on 5979 1398.

St John First Aid at the Hub

When: Friday August 11th 2017 8:30am – 4:15pm

Where: Hastings Community Hub
1973 Frankston Flinders Road, Hastings

Cost: \$195

Enrol by contacting St Johns direct on 8588 8590 or visit www.stjohnvic.com.au



Term III Courses and Events Program

Course/Activity	Date	Time	Cost
Provide Responsible Service of Alcohol (RSA)	Wednesday 9th August	10:00am—3:00pm	\$ 85.00
Barista Basics *	Monday 7th August Monday 18th September	10:00am—3:00pm 10:00am—3:00pm	\$ 85.00 \$ 85.00
SITXFSA001 Use Hygienic Practices For Food Safety	Monday 14th August	10:00am—3:00pm	\$ 85.00
Intel Learn Easy Steps (Computer Basics)	Monday 17th July Monday 31st July	9:30am—12:30pm 1:00pm—4:00pm	\$12.00 (C) or \$ 60.00 (N/C)
Explore Your Options	Tuesdays and Wednesdays Rolling intake	9:30am—3:00pm	\$15.00 (C) or \$75.00 (N/C)
Advance Community College - Information and enrolment sessions	Every second Friday	9:30am onwards (By appointment only)	Free
Hastings Community Alliance	Thursday 7th September	5:00pm—7:00pm	Free

* Barista Basics is delivered at Westernport Secondary College

C = concession. N/C = non concession.

Advance Community College is a Registered Training Organisation No: 4016



CHC33015 Certificate III in Individual Support (Ageing, Home and Community)

This qualification prepares you to work in the aged care or disability industry in community and/or residential settings. You could work in such roles as:

- Accommodation support worker
- Field Officer
- Homecare assistant
- Care assistant
- In-home respite worker
- Aged Care worker
- Personal care worker
- Community house worker
- Personal care giver
- Residential care worker

This course runs at Hastings and Rosebud West.

For enquiries contact:

Advance Community College (RTO 4016)

Capel Sound (Rosebud West):
Tel: 5986 4623; Email: rosebud@advance.vic.edu.au

Hastings:
Tel: 5979 1398; Email: hastings@advance.vic.edu.au

EXPLORE YOUR OPTIONS

Do you need to improve your skills and confidence to:

- ⇒ Find a job?
- ⇒ Return to work?
- ⇒ Return to study?

In Explore Your Options we work with you to identify and foster your strengths and skills to help you determine your career pathway. We provide you with the support you need to investigate your learning options, which assists you with the planning required to achieve your career goals. We can also refer you to further learning programs to help you on your way.

Explore Your Options runs at the Hastings Hub on Tuesdays and Wednesdays between 9.30am – 3.00pm, over 10 weeks.

Tel: 5979 1398 to book your place.